



*Missouri
Cheerleading
Coaches
Association
2011-2012*



Competition Rules

Philosophy Statement

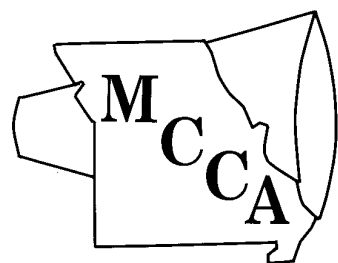
The role of a cheerleader squad is to be a support group for the school's interscholastic program. The squad should strive to (1) boost school spirit, (2) promote good sportsmanship, and (3) develop positive crowd involvement.

Practicing good sportsmanship should be the goal of each cheerleader and coach. All cheer coaches should be role models for their cheerleaders, especially during competitions.

Cheerleading competitions should be considered as a secondary part of a school's cheerleading program. Cheerleading competition aids in developing leadership, confidence and skill; however, it needs to be placed in perspective with the total educational program.

Memberships on a cheerleading squad provides an opportunity to (1) improve on a cheerleading physical skills and develop exercise habits which promote good health, (2) create strong and lasting friendships, (3) develop skills in working with others, and (4) maintain high standards of citizenship.





Missouri Cheerleading Coaches Association

904 Wellington

Macon, MO 63552

Join us, October 1 & 2 in Columbia, Missouri. This is your chance to be crowned a State Champion!

State Champions will be crowned in each classification (1-5) in both Large and Small divisions. The competition is open to ALL MSHSAA member schools.

Be sure to pass along the information in this packet to ALL THOSE PLANNING TO ATTEND THE COMPETITION!!

The Missouri State Cheerleading Championships are conducted in accordance with the MSHSAA and National Federation Guidelines for Cheerleading Safety. Each CHEERLEADER COACH and/or ATHLETIC DIRECTOR should have received a booklet from the National Federation illustrating legal as well as illegal partner stunts and pyramids. **Please note, MSHSAA rules for cheerleading, may be and in some cases are more stringent than National Federation Guidelines.**

All competitions are performed on a matted surface.

The Missouri Cheerleading Coaches Association is a non-profit professional organization for cheerleading coaches of junior high, junior varsity, varsity and college squads.

A Regional competition must have a minimum of 15 schools registered by the deadline in order to have a competition at that site. If there are not enough registered, those squads registered would then be assigned to the next closest Regional to them.

ADVANCEMENT

In the varsity division the top 5 squads in each division will advance to the State Finals unless a division has 15 or more squads, then the Top 8 will go on to State and at Regionals receive plaques for places 1-5 with places 6, 7 & 8 receiving the award of excellence. The 80% rule will still take effect.

At large bids will be given to those varsity squads scoring in the top 80%.

At Regionals, "At Large" Jr. High and Jr. Varsity squads will be announced and given an Honorable Mention Certificate if they score within 80% of the top scoring squad in their division.

ATHLETIC TRAINERS

The MCCA will have athletic trainers on duty during the competition. They will be on duty in the event of injury or illness to any participant. Please bring your own prewrap, wrapping tape, and ace bandages.

BANNERS

Only OFFICIAL SCHOOL BANNERS may be displayed.

MCCA EXECUTIVE BOARD

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jcook@centralmethodist.edu

Kansas City Regional Director

Jen Meiries
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Greenwood, MO 64034
jennifer.meiries@leesummit.k12.mo.us

I hereby certify that we are a member school of the Missouri State High School Activities Association and the names of the students that appear below represent our sideline cheerleaders.

SIGNATURE OF COACH _____
SIGNATURE OF ADMINISTRATOR _____

*** Please List/Specify and pay for all squad members and alternates. Use additional sheet if necessary.**

NAME/GRADE IN SCHOOL

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.
- 7.
- 8.
- 9.
- 10.
- 11.
- 12.
- 13.
- 14.
- 15.
- 16.
- 17.
- 18.
- 19.
- 20.

Be sure to list and pay for ALL alternates

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.
- 7.
- 8.
- 9.
- 10.

*Use additional sheet if necessary

CATASTROPHIC INSURANCE

The MCCA will provide catastrophic insurance for all participants at both the MCCA Regional and State Competitions.

COMPETITION ORDER

Competition times will be randomly selected by people not associated with any competing school prior to the day of the competition. Squads cannot swap times.

A complete listing of competition times is on the MCCA website: www.missouricheercoaches.org.

The Coed Division will compete during the session that the majority of the squads would fall under.

Every attempt will be made to adhere to the time schedule, however, times will vary. Fans should make plans to come early!

ELIGIBILITY

The competing squad's school must be a member of the Missouri State High School Activities Association and compete in their basketball classification.

All participants must have a signed waiver turned in at the Regional Competition site. Waivers will be good for that years regional and state competition.

All registration fees must be paid prior to the competition.

The performing squad at the state competition must be a cheerleader that was rostered on the regional registration form, and meets all other state requirements. **Only those squad members listed on the original regional registration form will be allowed to be substituted in for competition at the state level under one of the following guidelines, and submitted to MCCA prior to the competition.**

- 1. injury authorized by physician.
- 2. grade Ineligibility
- 3. moving out of the district
- 4. coaches Discretion/Decision

Squad size may not change from Regionals to State; you must compete with the same number or less at State as done at regionals.

The competing squad must show school authorization of each participant as a member of the squad. This list will be compared with those from the various regionals.

No Junior High and/or Junior Varsity squads or members may be combined with varsity squads for the purpose of competition.

The squad entered in the competition must cheer together in more than half of the games during their season.

Absolutely NO registrations will be accepted after the deadline. There will be no exceptions.

ENDING ROUTINES

Timing will stop when your squad comes to a stand still or a stationary position and a designated member of your squad signals to the timekeeper (verbal or wave), that the routine is completed. Failure to signal the timekeeper could result in a time infraction.

ENTRY FEE

For the Regional Competition: Eight dollars (\$8.00) per cheerleader. No charge for coaches.
For the State Competition: Ten dollars (\$10.00) per cheerleader. No charges for coaches.

Absolutely NO registrations will be accepted after the deadline. There will be NO exceptions.

FALLS

A 25 point deduction for a fall is one in which the flier makes an uncontrolled or unassisted descent to the floor or an MCCA spotter makes a save. All other falls will be a 5 point deduction.

FOOD

At the State Competition the Hearnese Center will have plenty of food available for you to purchase. Personal coolers are NOT allowed in the Hearnese Building.

GENERAL ADMISSION

There will be a general admission charge at the Regional Competition, and at the State Competition the admission will be \$10.00. All competitions are open to the public.

There are NO RESERVED SEATS- seating is on a first come basis.

GRIEVANCE POLICY

The established grievance policy of the MCCA will be in effect at all times. A copy of the policy will be enclosed in your regional packet upon registration.

There will be a designated person at regionals and state to receive all grievances.

HOLDING AREA/FLOOR LEVEL

All squads will report to the holding area 30 minutes prior to their scheduled competition time.

At the State Competition, access to the holding area will be restricted to participants in uniform and coaches that display the floor pass tags provided to them. Each squad will be issued 3 coaches floor passes. (Floor passes are not admission passes.) Please DO NOT request more! Anyone not displaying the coaches floor pass or cheerleaders not in official school uniform will not be permitted in these areas. There is NO floor seating at any time during the competition.

Lost passes will not be replaced.

JUDGES

The judging panel will consist of 5 judges plus 3 penalty judges and 1 level of difficulty judge for each regional and 5 judges plus 4 penalty judges and 1 level of difficulty judge for the state final competition.

All penalties are given to coaches shortly following their squads performance at the designated penalty table.

The same judging forms used at the regional competition will be used for the state competition. Judges forms WILL NOT be available for your viewing the day of the competition but will be mailed to the coaches at a later date.

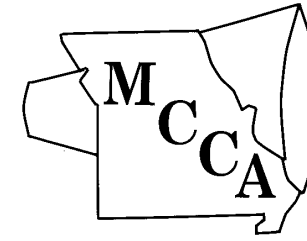
JUDGING SHEETS

See sample forms.

BONUS POINTS (non grievable)

The bonus point sheet should be filled out prior to the competition, checking each skill that you believe your squad is attempting.

Remember that when it states all squad members must do the skill, each and every member must complete that skill correctly. For example: when performing double toe touches each person must meet the requirement. A toe touch much have the legs diagonally to the front, legs lifted from the hips at about a 45 degree angle as close to, if not hitting 90 degrees. An eagle spread is NOT a toe touch.



Missouri Cheerleading Coaches Association

REGISTRATION FORM - STATE FINALS

Friday/Saturday, October 1&2 Cost: \$10.00 per squad member

Registration Deadline: August 19

*** Do NOT send registration by registered mail or requiring signature!!!**

BE SURE TO COMPLETE THE BACK OF THIS FORM AND MAIL BEFORE THE DEADLINE.

**ABSOLUTELY NO REGISTRATIONS WILL BE ACCEPTED AFTER THE DEADLINE.
NO EXCEPTIONS!**

SCHOOL NAME _____

COACH'S NAME _____

HOME ADDRESS _____

CITY _____ STATE _____ ZIP _____ PHONE NO. _____

EMAIL FOR CONFIRMATION (please write distinctly) _____

ATHLETIC DIRECTOR _____

SCHOOL ADDRESS _____

CITY _____ STATE _____ ZIP _____ PHONE NO. _____

SQUAD SIZE _____

CLASSIFICATION 1 2 3 4 5 COED

CATEGORY: SMALL LARGE SUPERLARGE

**** Be sure to include with your registration a 5x 7 glossy color or black and white squad picture. On the back please write:**

- | | | | |
|-----------------------|--------------------------|--------------------|------------------------|
| 1. SCHOOL NAME | 2. CLASSIFICATION | 3. DIVISION | 4. COACHES NAME |
|-----------------------|--------------------------|--------------------|------------------------|

Please make check payable to: MCCA

* You may send a school P.O. along with your registration. However the registration fee **must** be paid prior to the competition.

Send check and picture along with registration to: MCCA
Suzy Thompson
904 Wellington Way
Macon, MO 63552

On a 180 jump toe touch, the jump occurs in the air and the feet do not touch the ground until after the toe touch.

MUSIC

You are required to bring two CD's of your music - one you will use as a back up. At Regional Competition there will be a thirty minute time period prior to the start of each session where coaches can try out their music. This will be only for testing purposes and only at Regional Competition. Either a coach or a designated representative of your squad must start and stop your music. There will be someone at the music table to assist you in where to put your CD, start/stop button, etc. *Coaches are encouraged to use CD-R's if they burn their own music and are reminded that MCCA or the host school is not responsible if a CD does not work in the sound system. Any time delay in the music performance could result in a time and/or music time penalty.

There will be a thirty minute time period prior to the start of each session where coaches can try their music. This will be **only** for testing purposes.

Coaches are strongly encouraged to bring their own CD player as an emergency back up.

ON DECK

The ON DECK AREA is limited to the coach and squad members only.

PASSES (STATE COMPETITION ONLY)

Once your state registration has been received, you will be mailed a packet. This packet includes pass cards for each of your cheer squad members, 3 coaches, and 5 extra passes for team managers, bus driver, administrators, faculty supervisors or other school representatives, etc. Any additional tickets, other than those allowed must be purchased at the gate. PLEASE DO NOT REQUEST MORE. Lost tickets WILL NOT be replaced. These passes will admit you to all three sessions. The coaches floor pass is ONLY to allow the coach on the floor level, IT IS NOT AN ADMISSION PASS! Only coaches with floor passes will be allowed in the holding area. There will be strict supervision and enforcement of this policy.

Squads should enter the pass gate as a group.

Each card must be signed IN INK by the card bearer. All passes will be checked with photo ID, please come prepared. They are to be used only by the person whose name originally is placed on the card. Each individual must carry a pass which will be punched when he/she is admitted by the gatekeeper. Be sure that all persons keep their passes. Passes will be honored only at the door marked "PRESS GATE" located at the EAST entrance to the main arena of the Hearnes Center.

The pass gate operator will keep the passes when entering for the third session or after the first or second session if one is not returning.

PENALTY SHEETS/PENALTIES

A 25 point penalty WILL be assessed for the use of inappropriate music, language or gestures.

A safety check will be done before each squad competes. (See sample form)

Coaches are responsible for checking with the penalty table following their routine for any penalties. This procedure must be done within 20 minutes of the finished performance.

PERFORMANCE AREA

Squad members stepping off the mats will be assessed a 10 point penalty per infraction. Coaches of the competing squad at state and regionals will have 3 designated seats on the floor level to the front and side of the judges for viewing their squad's performance.

PICTURE INFORMATION

At the State Competition, pictures will be taken in the Practice Area for your purchase and mailed to each member. You must PRE-PAY for pictures, so come prepared. Picture packets will be mailed in your state confirmation packets once you have registered.

PRACTICE TIMES

At the State Competition each squad will be given a 15 minute practice time approximately 1 hour before their scheduled competition time. There will be 3 designated practice areas. ONLY in these 3 areas can music be used. These areas will be monitored at all times. If you miss your scheduled time, you WILL NOT be given another time.

Do not call the Hearnes Center to request a time to be on the arena floor. There is no practicing by ANY SQUAD on the competition floor prior to the event.

Please do not come to the practice area until your scheduled time and do not abuse the time limit.

You will need to bring your own tape/CD players and it should run on batteries.

Regional practice times will depend on the site facility and availability of a practice area.

PROPS

Poms and megaphones can be used.

Crowd involvement signs may also be used in either category provided they are hand-held, 2 dimensional signs, not to exceed 2x3 feet.

If a sign or prop is not gently tossed or placed at anytime, a 10 point penalty will be assessed for each violation. Signs and/or props must be placed or dropped by a team member who must remain inside the performance area.

These are the only props that will be allowed.

REGISTRATION DEADLINE FOR STATE

State registrations will be due **August 19**. There will be a one week grace period where those schools who qualified but whose registrations have not been recieved will be contacted. They have one week to rectify the situation/show proof of registration.

SMOKING POLICY

At the State Competition the North Exit on the main concourse will be the only area designated to allow smoking. Absolutely no smoking is allowed anywhere else in the Hearnes Center.

SOUVENIRS

Specially designed t-shirts, long sleeved t's and sweatshirts will be sold at the state competition. MCCA shall hold exclusive rights for the sale of all souvenir items at MCCA sponsored events.

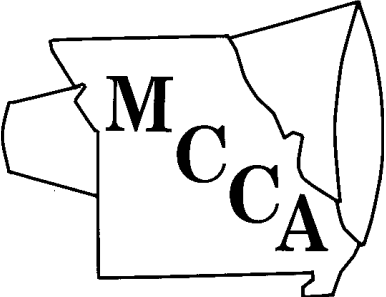
A souvenir state program with pictures of all the competing squads that submitted a picture will also be for sale.

SPORTSMANSHIP REQUIREMENT

Refrain from using ANY competing school's name in your routine.

A participant, coach, substitute, trainer or other team attendant must not commit an unsporting act. This includes, but is not limited to, acts or conduct such as:

- a. Disrespectfully addressing or contacting an official or gesturing in such a manner as to indicate resentment.



Missouri Cheerleading Coaches Association

904 Wellington Way Macon, MO 63552

MCCA MEMBERSHIP FORM

NAME _____

HOME ADDRESS _____

CITY _____ ZIP _____

HOME PHONE _____

SCHOOL _____ 1 2 3 4 5 Coed Superlarge

SCHOOL ADDRESS _____

CITY _____

SCHOOL PHONE _____

E-MAIL (please write distinctly) _____

.....

The membership fee is \$20.00 for one year (June 1 to June 1). Please send this membership form along with your check made payable to Missouri Cheerleading Coaches Association to:

Suzy Thompson	or	Nancy Knipfel, Treasurer
904 Wellington Way		11501 N. Virginia
Macon, MO 63552		Kansas City, MO 64155

.....

Voting and scholarship privileges will be given to those coaches with paid membership by January 1 each year.

I hereby certify that we are a member school of the Missouri State High School Activities Association and the names of the students that appear below represent our sideline cheerleaders.

SIGNATURE OF COACH _____

SIGNATURE OF ADMINISTRATOR _____

*** Please List/Specify and pay for all squad members and alternates. Use additional sheet if necessary.**

NAME/GRADE IN SCHOOL

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.
- 7.
- 8.
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- 10.
- 11.
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- 16.
- 17.
- 18.
- 19.
- 20.

<p>Be sure to list and pay for ALL alternates</p> <ol style="list-style-type: none"> 1. 2. 3. 4. 5. 6. 7. 8. 9. 10. <p>*Use additional sheet if necessary</p>

- b. Using profane or inappropriate language or gestures
- c. Baiting or taunting an opponent.
- d. Using tobacco or smokeless tobacco.

This is a 25 point penalty per infraction.

SPOTTERS

Members of the competing squad must fulfill all spotting requirements as listed in the guidelines from the MSHSAA and National Federation.

SQUAD SIZE/DIVISIONS

Superlarge - All Girls

- *Class 1-5 One Division
- 21 to 25 All Girl Participants

Class 1/2 Schools (as established in basketball)

- Small Varsity - 10 or fewer members
- Large Varsity - 11 to 18 members

Class 3/4/5 Schools

- Small Varsity - 14 or fewer members
- Large Varsity - 15 to 20 members

****Coed*** (any squad having 2 or more male members)

- Small Varsity- 4 or fewer male participants with a limit of 20 total members on the competition floor
- Large Varsity - 5 or more with a limit of 20 total members on the competition floor

Junior High Division (Award of Excellence/Regionals Only)

A squad consisting of all freshman and younger with a limit of 18 total members on the competition floor.

Junior Varsity Division (Award of Excellence/Regionals Only)

- A Junior Varsity squad containing freshmen and older.
- Small Junior Varsity - 12 or fewer
- Large Junior Varsity - 13 to 18 members

SUBSTITUTIONS

When making substitutions from Regionals to State Competitions, you may ONLY substitute the same gender. You cannot substitute in a male for a female, or vice versa.

TIMING

Timing starts with the first organized movement, motion, word or music by the performing squad. A 3 second human error factor will be considered.

Routines are limited to a maximum of 3 minutes and a minimum of 1 minute of cheer (no music). A 5 point penalty is assessed to any squad exceeding 3 minutes, or a squad who does not use more than 2 minutes.

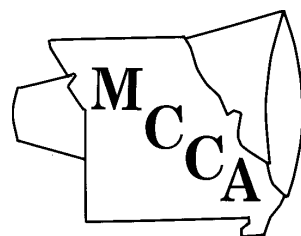
VIDEO STUNT REVIEW

If you have questions concerning any safety rule or questions regarding specific performance elements, please follow these steps:

All questions must be in written form. NO phone calls will be accepted.

For all legality verifications, you must send a DVD that contains the skill in question along with a letter stating the skill you are questioning. DVD MUST include the following:

1. Front, side and back view of skill.
2. Include your name, team name, email and phone number or your DVD



Missouri Cheerleading Coaches Association

OFFICIAL'S TALLY SHEET

REGIONAL

FINALS

SCHOOL NAME _____

JR. HIGH JR. VARSITY VARSITY
DIVISION: SMALL LARGE CLASSIFICATION: 1 2 3 4 5 Co-ed Superlarge

COACHES NAME _____

HOME ADDRESS _____

CITY _____ ZIP _____

COMMENTS:

JUDGE 1	
JUDGE 2	
JUDGE 3	
JUDGE 4	
JUDGE 5	
TOTALS:	
BONUS POINTS:	
POINT DEDUCTIONS? (Minus)	
FINAL SCORE:	

Official's Signature _____



Missouri Cheerleading Coaches Association

904 Wellington

Macon, MO 63552

Time protest delivered: _____ Date: _____

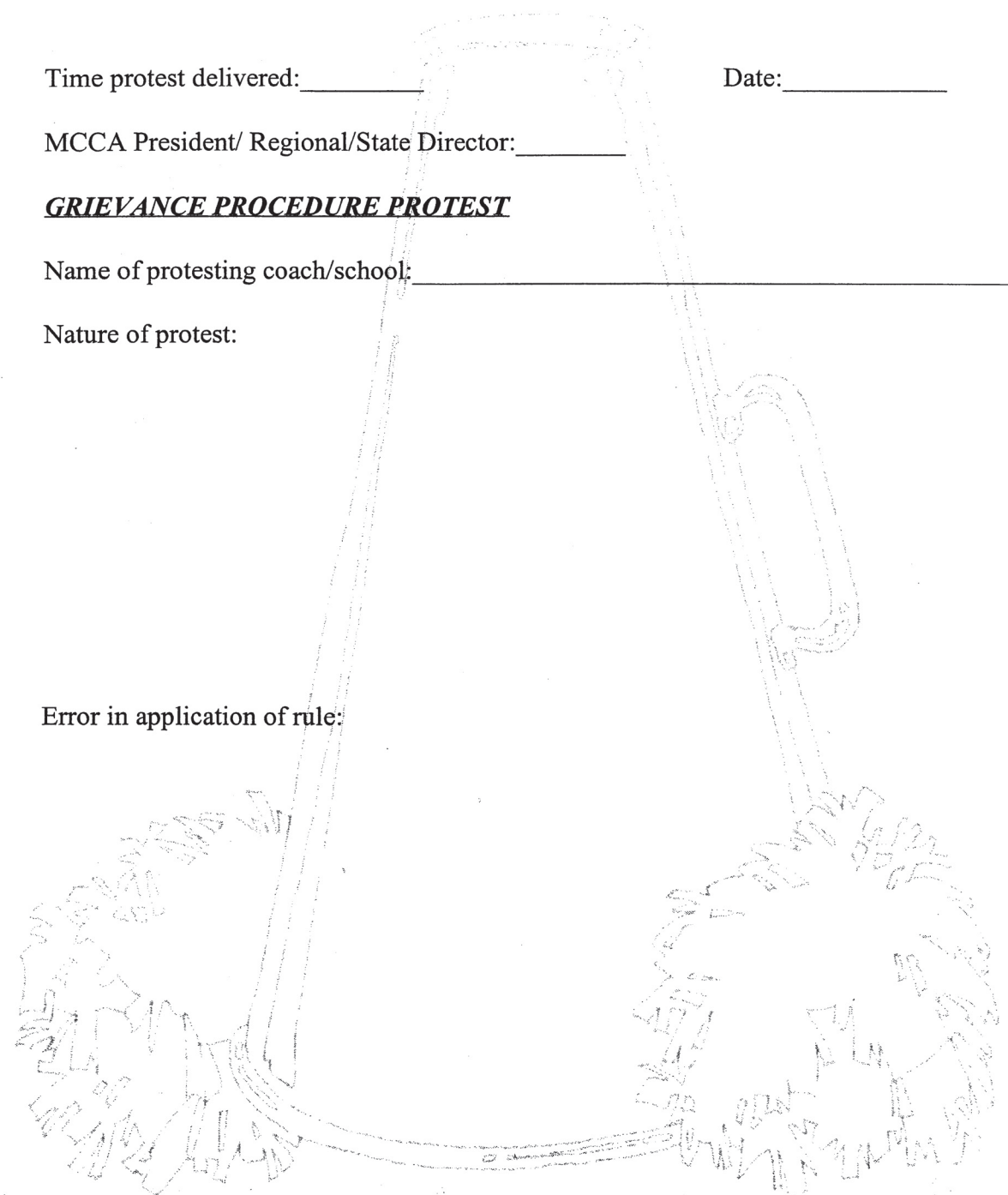
MCCA President/ Regional/State Director: _____

GRIEVANCE PROCEDURE PROTEST

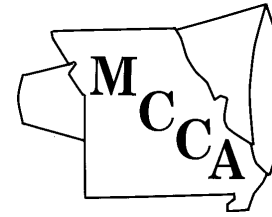
Name of protesting coach/school: _____

Nature of protest:

Error in application of rule:



**The only issues that can be grieved are:
1. MSHSAA Rules, 2. National Federation Rules, and 3. Time.**



BONUS SHEET

	JR. HIGH	JR. VARSITY		VARSITY	
		REGIONALS		FINALS	
1	2	3	4	5	COED
					SUPERLARGE

SQUAD NAME _____

SMALL

LARGE

GYMNASTICS

ALL SQUAD EXECUTES:

BACK HANDSPRINGS _____

ROUND OFF BACK HANDSPRINGS _____

HALF OF THE SQUAD:

STANDING BACKTUCKS _____

ROUND OFF LAYOUTS _____

ROUND OFF X-OUTS _____

ROUND OFF FULL TWIST _____

STUNTS

FULL TWIST BASKET TOSS _____

BASKET TOSS WITH A HALF TWIST INTO A JUMP (TOE TOUCH) _____

ONE TOUCH RETAKE FROM EXTENDED STUNT TO AN EXTENDED STUNT _____

ALL GIRL SINGLE BASE EXTENSION WITH PROPER BRACE OR SPOT _____

DIAMOND HEAD _____

DOUBLE-FULL DOWN FROM AN EXTENDED STUNT _____

360 TO FULL EXTENSION _____

BRACE/RELEASED PYRAMIDS _____

JUMPS

ALL SQUAD EXECUTES:

MULTIPLE TOE TOUCHES WITHOUT PREP _____

180 JUMP TURN TO TOE TOUCH _____

AROUND THE WORLDS _____

PARTNER STUNTS (MUST BE PERFORMED WITH 1 BASE AND 1 FLYER)

WALK-IN TO AN EXTENDED STUNT _____

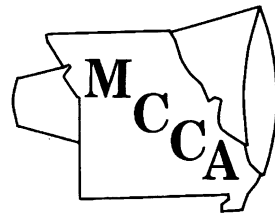
ANY ONE ARM STUNT _____

TOSS TO AN EXTENDED STUNT _____

FULL DOWN FROM SINGLE BASED EXTENSION _____

A SQUAD CAN SCORE ONE POINT FOR EACH SKILL PERFORMED, UP TO 5 POINTS FROM ANY ONE CATEGORY. A MAXIMUM TOTAL OF 10 BONUS POINTS CAN BE ATTAINED.

TOTAL BONUS POINTS _____



JUDGE'S SCORING FORM

REGIONALS

FINALS

SQUAD NAME _____

1 2 3 4 5 Jr. High Jr. Varsity Varsity Co-Ed Superlarge

Small

Large

STRONG AREAS

NEEDS IMPROVEMENT

		Comments:	TOTAL POINTS
<u>CROWD APPEAL:</u>			
Voice	1 2 3 4 5 6 7 8 9 10	<input type="checkbox"/> Good energy	
Spirit/Energy	1 2 3 4 5 6 7 8 9 10	<input type="checkbox"/> Good personality/enthusiasm	
Crowd Leadership	1 2 3 4 5 6 7 8 9 10	<input type="checkbox"/> Strong voices	
		<input type="checkbox"/> Good facial expressions	
		<input type="checkbox"/> Good crowd leadership	
<u>CHEERING SKILLS:</u>			
Jumps	1 2 3 4 5 6 7 8 9 10	<input type="checkbox"/> Toes pointed	
Stunts/Pyramids	1 2 3 4 5 6 7 8 9 10	<input type="checkbox"/> Good landing	
Motions	1 2 3 4 5 6 7 8 9 10	<input type="checkbox"/> Solid stunts	
Tumbling	1 2 3 4 5 6 7 8 9 10	<input type="checkbox"/> Clean dismounts	
		<input type="checkbox"/> Innovative stunts/pyramids	
<u>CHEERING EXECUTION:</u>			
Synchronization	1 2 3 4 5 6 7 8 9 10	<input type="checkbox"/> Good flow	
Incorporation	1 2 3 4 5 6 7 8 9 10	<input type="checkbox"/> Good variety of formations	
Transitions	1 2 3 4 5 6 7 8 9 10	<input type="checkbox"/> Smooth transitions	
<u>OVERALL EFFECTIVENESS:</u>			
Creativity	1 2 3 4 5 6 7 8 9 10	<input type="checkbox"/> Good precision	
Entertainment		<input type="checkbox"/> Strong showmanship	
Value	1 2 3 4 5 6 7 8 9 10	<input type="checkbox"/> Good use of squad skills	
		<input type="checkbox"/> Creative routine	
		<input type="checkbox"/> Clean/solid routine	
<u>MUSIC INCORPORATION:</u>			
Choreography	1 2 3 4 5 6 7 8 9 10	<input type="checkbox"/> Good incorporation of music	
Execution/		<input type="checkbox"/> Appropriate music	
Synchronization	1 2 3 4 5 6 7 8 9 10	<input type="checkbox"/> Strong voices	
		<input type="checkbox"/> Good choreography	
		<input type="checkbox"/> Good use of music	

JUDGES NUMBER _____

TOTAL POINTS _____

RULE 4

Sportsmanship

4-1 The MCCA Board of Directors has the power to suspend coaches from membership and schools and/or coaches from participation for the unsportsmanlike conduct of squads, coaches, students, and fans at any and all MCCA sponsored events. (A fan is considered a non-school student or follower of the cheerleading squad.)

4-2 The MCCA Board may delegate to the Regional Competition Director the power to take immediate action when a situation demands such. The parties concerned shall have the privilege of requesting a hearing before the MCCA Board of Directors (see Rule 2-3)

4-3 The MCCA Board of Directors may, at its discretion, substitute a fine not to exceed the sum of \$25.00 for each offense in lieu of suspension from the Association or to take any action that it deems advisable that does not exceed the maximum penalty of two (2) years suspension from the Association.

Notes:

RULE 3

Violations of Rule - Penalties

3-1 Upon a ruling by the MCCA President or by the MCCA Executive Board that a student or coach is ineligible, the school shall forfeit all events in which that student or coach participated during that student's or coach's ineligibility, either before and /or after such ruling, and the student or coach is disqualified for the remainder of that activity season.

3-2 For violation of any rule of the Association and in addition to contest forfeitures provided in Section 1 of this rule, the MCCA Executive Board may impose any one (1) or more of the following penalties:

3-2-1 Probation: When a school or coach is on probation, they shall suffer no impairment of rights or membership, but probation shall be a factor on determining the penalty for any violation during probation.

3-2-2 Forfeiture of championship, titles, awards, prizes or the right to participate in such Regional or State Competition as the MCCA Executive Board may direct.

3-2-2 Fines, in such amounts as the MCCA Executive Board may determine, to a maximum of \$25.00 for one (1) violation.

3-2-4 Suspension of rights of membership in the Association for such period as the MCCA Executive Board may direct, to a maximum of 365 days.

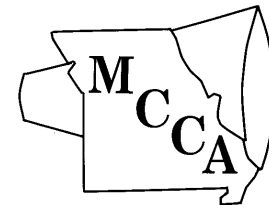
3-2-5 During suspension, a school or coach may not participate in any Regional or State Competition or both events. If a suspended coach accompanied a squad to the competition floor or present in the facility, the squad will forfeit participation.

3-2-6 Events in which an ineligible player cheers shall be forfeited. In competition, all events in which the ineligible cheerleader has participated shall be forfeited, but only the squad defeated that is most advanced in competition shall be advanced on the bracket to continue competition.

3-2-7 The MCCA Executive Board may direct that any or all penalties provided in this section are to be imposed only if certain conditions are not met, or that any such penalties are to be relieved if certain conditions are met.

3-3 Suspended or expelled schools or coaches may be reinstated by the MCCA Executive Board. Reinstatement may be subject to such conditions as the MCCA Executive Board may direct.

3-4 Responsibility: If a student or coach who has been declared ineligible is, permitted to participate in interscholastic competition because of a temporary restraining order, preliminary injunction and/or permanent injunction issued by a court against the school, and if such restraining order and /or injunction is subsequently vacated, dismissed, stayed, reversed or finally determined by the courts to not justify injunction relief, one or more of the penalties outlined in 3-2 above may be assessed in the interest of restitution and fairness to other member schools.



PENALTY SHEET
Missouri Cheerleading
Coaches Association

REGIONAL

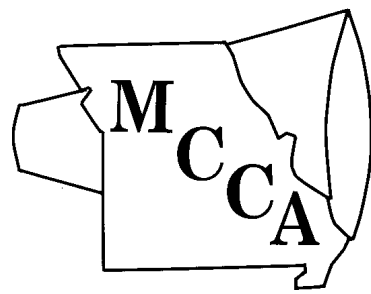
FINALS

DEDUCTIONS	School							Comments	TOTAL DEDUCTIONS			
	Jr. High		Jr. Varsity			Varsity						
	1	2	3	4	5	Coed	Superlarge					
			Small			Large						
25	HEIGHT LIMITATIONS							<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		
25	SPOTTING							<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		
25	FALLS							<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		
25	FLIPS AND TOSSES							<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		
25	DISMOUNTS							<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		
25	SPLITS							<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		
25	PROFANITY							<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		
25	DROPS							<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		
15	LEANING/BRACING							<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		
15	JEWELRY							<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		
15	GUM							<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		
15	APPARATUS (hair/braces)							<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		
10	PROPS/SIGNS							<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		
10	BOUNDARY VIOLATION							<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		
5	TIME VIOLATION							<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		
5	HAIR/NAILS							<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		
5	OTHER FALLS							<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		

TIME: Total Time _____ Cheer Time _____

For the total routine time, after an allowed 3 second discrepancy, 5 points will be deducted.

TOTAL DEDUCTIONS: _____



Missouri Cheerleading Coaches Association

MCCA COMPETITION GRIEVANCE PROCEDURE - PENALTIES

RULE 1

1-1 Any school or coach wishing to protest penalty points awarded at a Regional or State Competition shall follow these guidelines

1-1-1 The school or coach has 20 minutes from the penalty judge's registered time to protest awarded penalty points. Time begins when the coach receives notice.

1-1-2 The protest must be delivered in writing on the protest form to the MCCA President or Regional/State Director within the allotted time.

1-1-3 The President or Regional Director shall present in writing the protest to the MCCA Executive Board of the Regional Protest Committee before the Awards Ceremony. The Regional Protest Committee shall consist of the Regional Director, the penalty judge, and any Executive Board members in attendance at the competition.

1-1-4 Any protest shall be based only on an error in applying a rule of the MSHSAA or the National Federation Spirit Rules Book. The only items that can be grieved are 1. MSHSAA Rules, 2. National Federation Rules, and 3. time.

1-1-5 No protest shall be heard on judgment calls of an official.

1-1-6 A MCCA representative or designee shall be named as the Penalty Judge prior to the competition. That person or a committee formed by that person shall be the only and final interpreter of rules at the competition.

1-1-7 Any further inquiries concerning the results of the protest shall be directed to the Regional or State director or to the MCCA President.

1-2 Any school of coach that does not follow the procedure shall have the following points deducted from their performance score:

1-2-1 Failure to observe the time limit will result in voiding the protest.

1-2-2 Approaching or trying to influence a judge's decision will result in a 25 point penalty.

1-2-3 Deliberate disruptive behavior by a coach, squad, or cheerleader will result in a 25 point penalty.

1-2-4 Verbally abusing or disrespectfully addressing a judge or competition official, making an unauthorized approach of a judge concerning a score or rule infraction or using profanity will result in a 25 point penalty.

1-3 Continued abusive behavior may lead to removal from the premises by the State or Regional Competition Director.

1-4 In order for the MCCA Board to uphold a protest, it must be established that the error made by a penalty judge was the determining factor in penalty points being assessed.

RULE 2

Individual School or Coach Grievance Procedure

2-1 A school or coach wishing to have another school or coach penalized for violation of the Association's rules (which for purposes of this Rule shall include evaluation of any provision of the Constitution) shall file a written notice of protest signed by its principal or designee, and specifying the grounds of protest with the MCCA President. The notice shall be filed without delay after the alleged violation has occurred, and the MCCA Executive Board may consider unreasonable delay a factor in ruling on any protest. Protests may also be initiated by the Executive Board.

2-2 The MCCA President shall notify the accused school or coach of the protest, and after such further investigation as the President deems necessary, shall either make a ruling on the protest or refer it to the MCCA Executive Board.

2-3 Either the accusing school or coach or the accused school or coach may appeal to the MCCA Executive Board from a ruling on the protest or refer it to the MCCA Executive Board.

2-4 If any member of the MCCA Executive Board is an interested party in a protest, the MCCA Executive Board shall appoint a disinterested person as a replacement in the decision of the case.

2-5 When a ruling has been appealed or when a protest has been initiated by or referred to the MCCA Executive Board, the MCCA Executive Board shall give the interested schools or coaches not less than three (3) days notice of the time and place of the hearing. The hearing shall be conducted by the MCCA Executive Board, pursuant to such procedures as it may direct, provided that interested schools or coaches have an opportunity to present evidence on their behalf. Pending decision of any appeal from a ruling of the MCCA President, that ruling shall stand and be given full force and affect for all purposes, except as specifically provided to the contrary is Section 2-3. If the ruling is modified or overruled on appeal, the MCCA Executive Board; at its discretion, may take such corrective action as of deems feasible and fair to all concerned.

2-6 All rulings of the MCCA Executive Board shall be final.