



PENALTY SHEET

Missouri Cheerleading Coaches Association

REGIONAL

FINALS

DEDUCTIONS	School								Comments	TOTAL DEDUCTIONS			
	Jr. High		Jr. Varsity			Varsity							
	1	2	3	4	5	Coed	Superlarge						
			Small				Large						
5	HEIGHT LIMITATIONS								<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		
5	SPOTTING								<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		
5	FALLS (an uncontrolled, unassisted or MCCA spotter saves)								<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		
5	FLIPS AND TOSSES								<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		
5	DISMOUNTS								<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		
5	SPLITS								<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		
5	PROFANITY								<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		
5	DROPS								<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		
5	LEANING/BRACING								<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		
5	JEWELRY								<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		
1	GUM								<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		
1	APPARATUS (hair/braces)								<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		
1	PROPS/SIGNS								<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		
1	BOUNDARY VIOLATION								<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		
1	TIME VIOLATION								<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		
1	HAIR/NAILS								<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		
1	FALLS								<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		

TIME: Total Time _____ Cheer Time _____

For the total routine time, after an allowed 3 second discrepancy, 1 point will be deducted.

TOTAL DEDUCTIONS: _____